

A portrait of Jackie Woodside, a woman with short, wavy, light brown hair, smiling. She is wearing a black blazer over a black top. The background is a solid bright yellow.

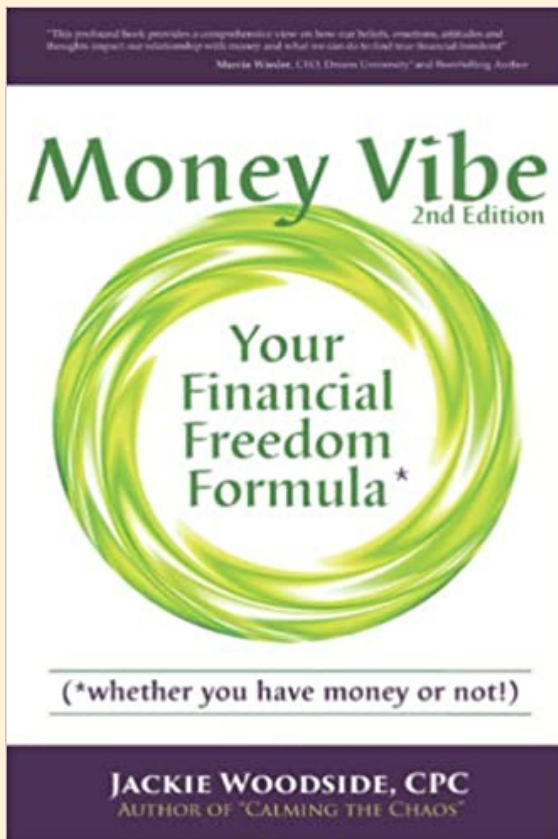
Media Kit

Jackie Woodside

Speaker, Trainer & Coach



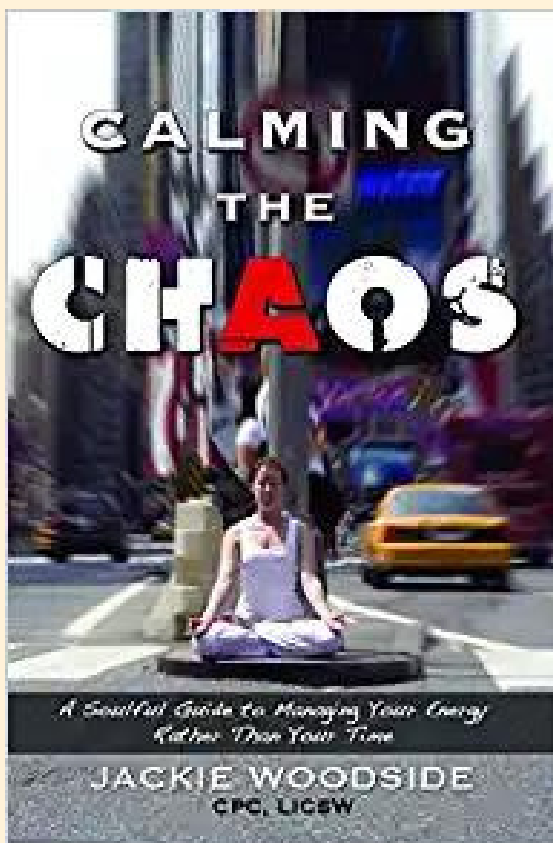
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Bestselling author and coaching expert, Jackie Woodside has spent decades studying and working with the leading edges of the human potential movement. What she has found is revealed in this stunning new book, Money Vibe. What you will learn is that elevating your consciousness is the single most effective way to bring about the changes in your financial life and in the success you desire.

Money Vibe is a compelling guide to what is possible when you train your mind to guide and direct you toward your highest expression. It's a roadmap for anyone who is committed to elevating their game. The key to elevating your Money Vibe is to deal with your inner landscape while simultaneously creating the conditions for greater amounts of money to come into your life.

Money Vibe: Your Financial Freedom Formula Whether You Have Money or Not



Far too many people in contemporary culture feel they don't have enough time to "get it all done". The stress of this chronic overwhelm creates a disorganized mind that leads to a chaotic life. Based on her highly acclaimed "Energy Management" workshops and drawn from over 27 years of counseling and coaching experience, professional trainer and speaker Jackie Woodside shares her breakthrough methods that lead to becoming the least stressed, most productive person you know!

In Calming the Chaos, you'll learn the step-by-step skills and thought processes that lead to increased productivity and peace of mind. Jackie's approach stems from the new frontier of human performance called energetic consciousness.

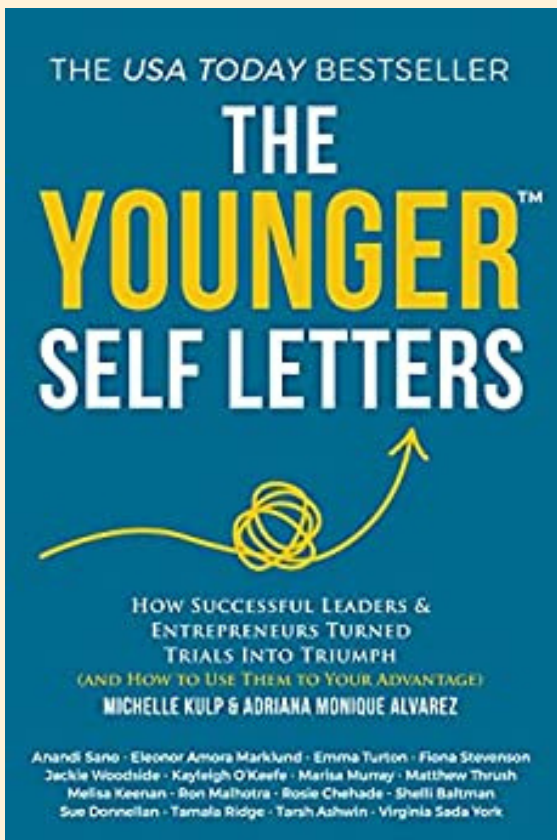
Calming the Chaos: Managing Your Energy Rather Than Your Time



Many people are left confused and overwhelmed when facing the two inevitabilities in life: Dealing with unexpected change they don't want, or plan for, and creating change that they want and yet cannot generate. Time for Change helps you understand and master the dynamics of the human change process.

This book provides tools, insights and practical strategies to deal with changes that have come your way unexpectedly (loss of a spouse, job or other relationship; change in financial status or unexpected illness or injury for example) or strengthen your ability to succeed in the life changes you desire (change careers, get out of an unhealthy relationship or relocate to a new area).

Time for a Change: Essential Skills for Managing the Inevitable



In The Younger Self Letters you'll hear from an incredible group of leaders, visionaries, CEO's and entrepreneurs who have literally turned obstacles into opportunities in order to achieve their dreams and goals.

In the superficial world of social media we often ONLY see the success or result people are having without being privy to the years of hard work, sacrifice, trials, tribulations, obstacles and perseverance that got them to where they are.

In The Younger Self Letters these vulnerable authors unveil the journey like you have never seen or had access to before. They are literally opening the curtain so you can see behind the scenes and learn the most profound lessons from everything they went through.

Younger Self Letters: How Successful Leaders and Entrepreneurs Turned Trials into Triumph

JACKIE WOODSIDE

EDUCATE

EMPOWER

ENLIGHTEN

LONG BIO

Jackie Woodside is a USA TODAY and four-time Amazon bestselling author, TEDx speaker, international trainer, and professional coach. She is the founder of the Curriculum for Conscious Living and the Conscious Living Summit, and trains coaches around the world to deliver this life changing work.

Jackie has been featured on television shows with Jack Canfield and Don Miguel Ruiz, and educational summits with Marianne Williamson, Michael Beckwith, and Daniel Siegel. Her expertise is widely sought after as a teacher and speaker.

Jackie is a certified professional coach and licensed psychotherapist with 30 years' experience in both fields.

Jackie offers professional development training, keynote speeches, and retreats around the globe.

SHORT BIO

Jackie Woodside is a USA TODAY and four-time Amazon bestselling author, TEDx speaker, international trainer, and professional coach.

She is the founder of the Curriculum for Conscious Living and the Conscious Living Summit, and trains coaches around the world to deliver this life changing work.





MEDIA QUESTIONS

Why did you shift form being a therapist to a coach?

How are the two fields different?

What holds people back or stuck in old, familiar, worn out patterns of thought and behavior?

Why do people not take action on what they dream of doing?

What does it mean to “live in the domain of miracles” and how do we do that?

What is Conscious Living?

How to live life consciously?

You wrote a book called Money Vibe, what is a money vibe and how does it impact people's financial lives?

What are you best tips for increasing productivity and calming the chaos in our lives?



TRAINING TOPICS

- ✓ Productivity
- ✓ Conscious Leadership
- ✓ Transformational Leadership
- ✓ Executive Communication
- ✓ Dealing with Difficult People
- ✓ Emotional Self-Regulation in the Workplace
- ✓ Creating Psychological Safety in the Workplace

SERVICES

- Personal Coaching
- Executive Coaching
- Leadership Training and Development
- Podcast Guest
- Summit & Conference Speaker

AS SEEN IN



Iranian Impactors Club
Developing an Impactful Business



Client Testimonials

PATRICIA C. • FLORIDA, USA

"I love working with Jackie because she gets right to the core of the issue. She's been there and done it herself so she's not just talking about the theory of transformation. She brings her own personal experience and we can relate heart to heart."

KIMIA • TEHRAN, IRAN

"I want you to know that you are the first coach that I can really relate to and can listen to forever. You have changed my life so much and I just love you."



THE PODCAST

CONSCIOUS LIVING

Strategies to Live More Consciously with Time, Money & Life

What does it mean to live consciously?

To be a human being in these unprecedented times? How will we thrive? How will humanity treat one another and the planet?

Each episode is a deep inquiry into what it means to be a human being, awake, alive, and conscious of the profound privilege it is to be alive. You will find life-altering interviews, as well as frequent musings from Jackie on how to live a more conscious, engaged, meaningful, and productive awakened life.



MOST DOWNLOADED EPISODES

EP. #29 How to be Conscious as a Speaker

with guest Leisa Reid

EP. #27 How to be aligned with your Soul!

with guest Dr. Pamela Moss

EP. #26 Disarming the Chronic Productivity

Pitfalls of Adverse Childhood Experience

with guest Antonia Van Becker & Greg Lee

SUMMITS



[Money Vibe Summit](#)

[Productivity Summit](#)

[Conscious Living Summit](#)



Get in Touch!



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10K+

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4K+

Website Views



1K+

Podcast Listens



12.2K+

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LET'S CONNECT!



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